

Worksheet 3: Daily Mileage Log

IRS requires a contemporaneous mileage log. Complete daily. New Jersey routes pre-filled. The pharma corridor (Route 1 / I-287) and NJ Turnpike are your primary arteries.

COMMON NEW JERSEY ROUTES (for reference)

Route	Distance	Drive Time / Notes
Newark to Princeton (NJ Turnpike / US-1)	~55 miles	~1-1.5 hours (Turnpike traffic)
Newark to Trenton (NJ Turnpike)	~65 miles	~1-1.5 hours
Newark to New Brunswick (Turnpike/Route 1)	~35 miles	~45-60 min
Princeton to New Brunswick (Route 1)	~20 miles	~25-35 min
I-287 pharma corridor (full run)	~80 miles	~1.5-2 hours (Somerset to Parsippany)
Newark to New York City (I-78/Lincoln Tunnel)	~10 miles	~20-45 min (tunnel traffic)
Newark to Philadelphia, PA (NJ Turnpike)	~90 miles	~1.5 hours
Newark Airport area runs	~5 miles from Newark	~15-20 min

DAILY LOG

Date	Start Location	End Location	Purpose	Start Odometer	End Odometer	Miles

WEEKLY TOTAL MILES:

MONTHLY TOTAL MILES:

× IRS rate (~\$0.70) = \$ _____ deduction

MONTHLY E-ZPASS TOLLS:

Track separately — fully deductible as business expense