

Worksheet 3: Daily Mileage Log

IRS requires a contemporaneous mileage log. Complete daily. Connecticut routes pre-filled. Note: Merritt Parkway (Route 15) restricts commercial vehicles — plan alternate routes on I-95 or US-1.

COMMON CONNECTICUT ROUTES (for reference)

Route	Distance	Drive Time / Notes
Hartford to New Haven (I-91)	~35 miles	~45-60 min
Hartford to Stamford (I-91/I-95)	~80 miles	~1.5-2 hours (I-95 traffic)
Hartford to Bridgeport (I-91/I-95)	~55 miles	~1-1.5 hours
New Haven to Stamford (I-95)	~50 miles	~1-1.5 hours
Stamford to Greenwich	~5 miles	~10-15 min
Stamford to New York City (I-95)	~35 miles	~1-1.5 hours (traffic)
Hartford to Waterbury (I-84)	~25 miles	~30-40 min
Hartford to Springfield, MA (I-91)	~25 miles	~30 min

■ MERRITT PARKWAY (Route 15): Commercial vehicles PROHIBITED. Use I-95 or US-1 for all Fairfield County runs.

DAILY LOG

Date	Start Location	End Location	Purpose	Start Odometer	End Odometer	Miles

WEEKLY TOTAL MILES:

MONTHLY TOTAL MILES:

× IRS rate (~\$0.70) = \$ _____ deduction

■ Download all 9 worksheets free at courierbusinessinsider.com/connecticut-worksheets

■ Password: **CONNECTICUT2026**